Leaders Who Library Book Discussion: *Feelings by Manjit Thapp*

- The author divides the seasons into more than just summer/autumn/winter/spring -- includes high and late summer and monsoon season. More choices feels more accurate than the 4 traditional options -- a lot like how feelings are more complex.
- We discussed if we resonated with the author’s change of feelings with the seasons – not all agreed, depending upon one’s department and busy season. Overall, most of us have busy seasons in the summer or late summer.
- How do we support staff during these changes? It can be hard if they refuse to use leave when they are burnt out or if they do not have access to paid time off as a part-timer. One of the best things we can do is model behavior of self-care and hope that over time the work culture changes, and that staff feel encouraged to use leave for mental health days. It can be difficult to figure out which kinds of leave to use for a mental health day if your organization gives you different kinds of leave. We discussed how to approach that conversation with a supervisor or direct report.
- Though this is a graphic novel and many commented on the beauty of the illustrations, one attendee highly recommended the audiobook version.
- [This article](#) highlights how Thapp’s artwork is influenced by her Indian heritage.

**Division Updates:**

- The MLA Conference was a success! We did not have a speaker for this meeting due to it being MLA Conference month.
- We are soliciting book suggestions for the Leaders Who Library Book Discussions we have at the beginning of our meetings. If you have ideas, please [suggest something here](#).